

Welcome to Patrick Henry High School.

We make every effort to communicate so that families will receive news and information in many ways:

- Mailings home
- Automated phone messages
- School website: <http://henry.mpls.k12.mn.us>
- Patrick Henry's Parent Organization meetings
- Parent-teacher conferences
- Email news sent daily. To sign up, go to our website at: www.henry.mpls.k12.mn.us
- Parent Newsletter

Confused? Frustrated?

Call Tom Murray Patrick Henry's Family Liaison at 612.668.1932 or personal cell at anytime at: 651-324-8281



MINNEAPOLIS
PUBLIC SCHOOLS

Urban Education. Global Citizens.

**Patrick
HENRY
HIGH SCHOOL**



PARENT GUIDE



Patrick Henry High School
Minneapolis Public Schools
Principal: Latanya Daniels

4320 Newton Ave. North
Minneapolis, MN 55412

Phone: 612.668.2000
Fax: 612.668.1993

Web: www.henry.mpls.k12.mn.us

School Hours:

The school day is from 7:56 am- 3:00 pm. School doors open at 7:30 am and lock at 3:15 pm (except for students in supervised after school activities or sports).

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You are your child's best advocate!

Parents no one knows your child as well as you do. You have been there for each milestone, you know their strengths and weaknesses. Being a champion for your child throughout high school will make a difference in their success.

“LETTING GO” AND “BEING THERE” AT THE SAME TIME

As your child gets older, the expectation is that they take more responsibility for their actions — especially with regard to punctuality, learning, and behavior.

Many parents might be surprised to learn that research shows that even though adolescents desire autonomy, they do not desire it when it comes to education. “High School education students believe that they can do better at school if they know that their families are interested in their schoolwork and expect them to succeed.”¹ Thus challenging the prevalent view that adolescents do not want their parents involved at all.

Parents who hold high expectations for their teens, communicate these clearly, and encourage their adolescents to work hard in order to attain them, can make a difference in their student’s success.

Playing Their Parts, a 1999 study by the research group Public Agenda found that the number-one reason high school parents gave for becoming less involved in their teens education was that “schoolwork becomes more difficult for parents to help with.” Parents may feel unable to help with homework and hesitate to discuss curriculum issues with teachers, resulting in their becoming less involved overall.

But studies have shown that when parents are involved in their teens’ education, regardless of their socioeconomic status, ethnic/racial background, or the parent’s own education level, their students achieve more.

While teens may still get embarrassed and will probably continue to say things like, “Don’t talk to me, my friends are watching,” they will reap the benefits of parent support for years to come.

“Parental involvement, in almost any form, produces measurable gains in student achievement.”

(Dixon, 1992, *Parents: Full Partners in the Decision-Making Process* College of Education Kent State University).

1 Harvard Family Research

ACADEMICS

Patrick Henry High School offers a wide variety of academically challenging educational programs. For more information, please refer to our course catalog or call our main office.

International Baccalaureate Middle Years Program (MYP)

MYP is for all 9th and 10th grade students and provides a framework of academic challenge that encourages students to embrace and understand the connections between traditional subjects and the real world, and become critical and reflective thinkers.

International Baccalaureate (IB) Programme

The IB Diploma is recognized as an international education, preparing you to do rigorous academic work and for success at post-secondary institutions around the world. The program encourages you to think from an international perspective while first developing an understanding of your own cultural and national identity. Your student will learn a second language and develop the skills to live and work with others internationally-essential for life in the 21st Century.

Post Secondary Enrollment Options (PSEO)

For students in their junior or senior year, it’s possible to earn college credit while in high school by participating in the PSEO program. Students with the appropriate GPA can either take classes after the school day at an approved PSEO site, or they may be released from the regular school day to take classes.

College in the Schools (CIS) Program

Want to participate in PSEO but don’t want to leave high school? Consider taking a course through concurrent enrollment. These courses are offered through a partnership between Patrick Henry and the University of Minnesota. Taught during the regular school day, you can earn high school and college credit when you successfully complete the course.

English Language Learners (ELL)

We offer five levels for English Language Learners, newcomer through advanced. Our courses focus on academic reading and writing skills needed for success in high school and college. We offer instruction in Spanish and Somali. Somali and Spanish speaking students have the opportunity to study reading and writing in their native language.

Special Education

The Special Education Department exists to serve all students with special needs. Services include: adapted physical education, occupational therapy, physical therapy, vocational training experience, speech services, and social work services. Questions regarding a student’s educational needs should be directed to their case manager.

ACADEMICS, CONTINUED

Who is my student's counselor?

Students are assigned a counselor by grade when they enter Patrick Henry High School.

To learn who your student's counselor is, please contact our Main Office at 668-2000.

What classes are available?

Arrange a meeting with your counselor.

How can my student see their counselor?

Arrange a conference to occur during passing time, or before or after school.

My student wants to switch classes.

Schedule changes are only accepted within five school days of the beginning of each semester. After the first five days of a semester, any schedule change requests must be signed by a teacher, administrator, and parent. Schedule changes will be made if a student is inappropriately placed, failed a prerequisite, has medical needs, or if there is a scheduling error. Schedules will **NOT** be changed for the following reasons: dislike of a teacher, wanting a different hour, or dislike of people in the class.

When are report cards delivered?

The final grades are mailed home about 10 days after the quarter ends. Parents can monitor student's attendance, grades, assignments, and schedule online through the Parent Portal. See page 25 for Parent Portal instructions

My student is struggling, what can I do?

First, contact the teacher. Teachers will advise you on the next steps for your student and are in the classroom before and after school to assist students. Make sure to recognize improvements your student is making!

Can my student re-take a course?

A student can only re-take a class he/she failed earlier in their high school career if **ALL** of the following requirements are met. *If a student does not meet ALL of these requirements, they will need to make-up the credits through online credit make-up (see page 26).*

1. The class is re-taken second semester of their senior year;
2. Student must be eligible to graduate if re-taken classes are taken at the end of their senior year (credit check needed); and
3. The class the student needs is not full.

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Schedule

Patrick Henry has a 7 period per day schedule. The school day is from 7:55 am- 3:00 pm. School doors open at 7:30 am and lock at 3:15 pm (except for students in supervised after school activities or sports).

Grade Point Average (GPA)

Grade point average, or GPA, is an indicator of how well your student is doing at Patrick Henry. Starting at the beginning of 9th grade, each student's GPA is calculated and averaged at the end of the quarter. Patrick

Henry uses a 4.0 scale, with an A=4.0, B=3.0, C=2.0, and D=1.0. Students who have Bs in half their courses and Cs in the other half have a 2.5 GPA. A student's GPA is as a major factor for admission into college.

Requirements to Graduate

- 4 years Social Studies
 - 4 years English
 - 3 years Math
 - 3 years science
 - 1 year Physical Education
 - 1 year Health
 - 1 year Fine Arts
 - Pass 3 Basic Standards Tests in Reading, Writing, and Mathematics
 - Complete My Life Plan Milestones
- 64.5 Total Credits needed to graduate**

College Entrance Requirements

- 4 years Social Studies
- 4 years English
- 3-4 years Math
- 3-4 years science
- 1 year World Language
- Extra Curricular Activities

What is My Life Plan?

Students will:

- Learn information about how to make informed decisions about college, career, and work
- Create a resume for job and college applications
- Stay on track with credits and get to know their school counselor
- Search for colleges and scholarships
- Learn information about going to college... finding a career... succeeding after high school... earning a salary
- Complete graduation requirements via classroom guidance, individual planning, and field trip experiences delivered by the school counselors

By the numbers...

In 2008, young adults with a bachelor's degree earned 96 percent more than young adults who did not earn a high school diploma. The median of the earnings of young adults with a bachelor's degree was \$46,000, while the median was \$31,000 for those with an associate's degree, \$30,000 for those with a high school diploma or its equivalent, and \$23,500 for those who did not earn a high school diploma or its equivalent. (U.S. Department of Education, National Center for Education Statistics, 2010).



blowing off homework. And students who have struggled in school can turn things around if they come to school every day and aim for a B average.

9th

FRESHMAN YEAR – THE MAKE IT OR BREAK IT YEAR¹

Your student is about to start the most important year of high school—perhaps the most important year of school so far. This is the year that will set the stage for their future academic success.

Grades

- More than 95 percent of students with a B average or better in their freshman year graduate.
- Freshmen who earn a B average or better have an 80-percent chance of finishing high school with at least a 3.0 GPA.

- Freshmen with less than a C average are more likely to drop out than graduate.

Attendance

Nearly 90 percent of freshmen who miss less than a week of school per semester graduate, regardless of their 8th grade test scores.

Freshmen who miss more than two weeks of school fail, on average, at least two classes—no matter whether they arrive at high school with top test scores or below-average scores. In fact, freshmen who arrive with high test scores but miss 2 weeks of school per semester are more likely to fail a course than freshmen with low test scores who miss just 1 week.

What does all this research mean for you and your student?

Essentially, that the freshman year is an important chance for a fresh start. Strong students can quickly fall off course if they start cutting classes and

¹ The Consortium on Chicago School Research at the University of Chicago

Parents:

1. Sign up for Parent Portal
2. Sign up for Naviance
3. Sign up for weekly email
4. Encourage your child to use their planner
5. Ask your student about My Life Plan

Parents:

1. Use Parent Portal
2. Use Naviance
3. Read daily email
4. Expect 1-2 hours of homework per night
5. Have students take PLAN test this year (Pre-ACT)

So...what can you do?

1. Reinforce the importance of getting to school on time and not cutting classes. Your teenager may think it doesn't matter to blow off the first or last class of the day, but it does. Even occasional skipping leads to dramatically lower grades.
2. Talk with your student's teachers about how you can help your teen succeed, especially if you see his or her grades start to fall. Teachers will be helping struggling students, but freshmen (and their parents) should also ask for that help. Sign up for the Parent Portal (See page 27)
3. Make academics your top priority for your freshman. This means trying hard on assignments even when they aren't interesting and choosing to study instead of socializing when there is a big test.
4. Sign up for Naviance (see page 27). This online tool for students and parents organizes information that will help students prepare for post-secondary education, find scholarships, colleges, complete personality type and learning style inventories, school wide surveys, and career information. My Life Plan, will be started by your student in 9th grade and is a Minneapolis Public Schools graduation requirement.

10th

SOPHOMORE YEAR- INDEPENDENCE BOUND!

No longer the smallest fish in the high-school pond, tenth graders are on the move. With increased age comes increased responsibility, self-knowledge and—most prized of all— freedom. From driver's ed to dating, sophomores are independence-bound.

Sophomores are at the developmental stage at which they can see themselves and their choices as having implications for the kind of persons they are and want to become. They are often well into the ability to think abstractly and want to be challenged intellectually.

It's time to put the pedal to the metal and get serious on building up academics. There are more standardized tests and tougher **classes**. From taking challenging electives to discovering extracurricular activities, there are many important steps your child should take this year. You only have about a year before you should start visiting colleges and technical schools and applying for admission. This year represents 1/3 of the grades and activities you will use when it is time to apply.

1 Nora Adler, associate professor, Virginia Commonwealth University, School of Education

Sometimes sophomores hit a wall: the newness of freshmen year has worn off, but graduation seems far in the future. If they don't stay on top of things even for a few weeks, their grades may suffer.

So...what can you do?

1. Talk to your student. He or she may be too busy or may think you are not "cool." Keep at it until you both are communicating.
2. Encourage your student to keep up good study habits.
 1. Sophomores may take the PSAT (Preliminary SAT) in October for practice.
 2. PLAN test (ACT's College Readiness Test for 10th Graders) is in December. It is free.
 3. April: MCA/GRAD tests
3. Let your student know what your expectations are for success. He or she needs to know what the boundaries are, even though he or she might rebel from time to time.
4. Share your experiences as a sophomore. You can share your success stories as well as some of your failures. Remember nothing is ever truly a failure if you learn a lesson from the experience.

11th

Parents:

1. Use Parent Portal
2. Use Naviance
3. Read daily email
4. Continue to expect homework
5. Have your student take PSAT test this year (Pre-SAT)
6. Have your student register for ACT/SAT

JUNIOR YEAR- THE PIVOTAL YEAR

Junior year is full of acronyms, all of which stand for yet another potentially stressful step in the lengthy college application process. Before you and your child get overwhelmed by sheer volume, however, take a deep breath and approach it like any other daunting task: start early, plan ahead, and ease in slowly. There are numerous decisions made during junior year that can have an impact — positive or negative — for years to come.

Be sure to make time for healthy fun and relaxation, lest your child look elsewhere for stress relief. " Juniors have to be wary of parties and underage drinking. It is problematic when you have to explain to a college why you got suspended." 2 Take it easy from the get-go and there should be nothing to explain—other than why you're relaxed.

- 1 Lisa Mendelman, teacher and Master's candidate in English at Stanford University
- 2 Peggy Baker, Certified Educational Consultant, Bethlehem, Pennsylvania

September:

- Students should register for the October PSAT (Preliminary SAT/National Merit Scholarship Qualifying Test).
- Credit make-up classes start each quarter to fulfill graduation requirements (pg. 28).
- Encourage your student to join something or get some leadership experience in clubs and teams to which they belong.

October:

- Take the PSAT. This exam gives high school juniors an idea of how well they would do on the SAT. High scores qualify students for National Merit scholarship opportunities.

December:

- PSAT scores available. Make plans for improving for the SAT.
- Map out the dates for standardized tests: IB, ACT, SAT, SAT Subject Tests.

January:

- Students may apply for the Step-Up Summer Internship & Jobs Program

February:

- Have your child put all those mailings from colleges they are bombarded with in a 3-ring binder for sorting. Help your child focus on 10-15 colleges that are a good fit (based on academics and possible careers).

March:

- Register for ACT and SAT tests (Apr/Jun)
<http://www.actstudent.org/>
<http://sat.collegeboard.com/register/>

April:

- MCA/GRAD tests
- As your student chooses senior year classes consider dual-enrollment.

Summer:

- Take or re-take ACT and SAT tests.
- Visit colleges and research scholarships.
- Be sure to get the most out of your summer vacation.

The best kept secret... dual enrollment.

POST-SECONDARY ENROLLMENT OPTIONS PROGRAM (PSEO)

Patrick Henry juniors and seniors may take courses at a 2-year or 4-year college or technical college on a full or part-time basis and earn both college and high school credit. Students have the opportunity to choose a variety of challenging coursework that may meet graduation standards as well as provide preparation for future career goals. There is no cost to students for tuition and course required textbooks.

COLLEGE IN THE SCHOOLS (CIS)

Delivers regular U of M credit courses to high-achieving Patrick Henry students right in their own classrooms. Selected teachers are appointed as affiliated U of M faculty and teach the U of M courses, supported by ongoing, discipline-specific professional development provided by U of M faculty and their sponsoring academic departments.

Students that pass this class will earn credit. There is no cost to students for tuition and course required textbooks.

12th

SENIOR YEAR- DOUBLE DUTY

Celebrate your accomplishments and work hard to prepare for your future!

It starts piling up almost as soon as the bell rings on the first day of senior year: item after item appears on your student's ever-growing list of things to do. There are school workbooks to read, papers to write, tests to study for. There are activities—clubs, sports, community organizations—and as a senior, they're probably part of the leadership of at least one of those groups. Then there's a whole new set of responsibilities—the college search and application process. And of course, there are those little necessities like sleeping, eating and spending time with family and friends.

Even the most well-organized students can be overwhelmed by too many commitments. It may be time to cut back. Of course, blowing off that big Calculus test is not an option but dropping extracurricular activities that no longer interest them or delegating more leadership responsibilities could give some relief. Is your student continuing their participation in a particular organization just because they did it last year, or are they truly interested and committed?

Parents:

1. Use Parent Portal
2. Use Naviance
3. Read daily email
4. Continue to expect homework
5. Have your student take or re-take ACT and SAT tests to improve scores
6. Prepare for completing the FAFSA by using the worksheet at <http://www.fafsa.ed.gov>
7. Do your taxes as soon after Jan 1 as possible. Your taxes are required to

Help them remember to take every opportunity to make their last year in high school a memorable one.

September:

- Credit make-up classes available each quarter to fulfill graduation requirements.
- Use the Expected Family Contribution (EFC) Calculator (http://apps.collegeboard.com/fincalc/efc_welcome.jsp) to estimate how much your family can reasonably be expected to pay toward college.
- Students register for Fall SAT and/or ACT — if you are looking to improve your scores.
- Students review extracurricular activities. If you need more, and it's not too late, seek out additional opportunities (activities, work, community service, college programs) with "college appeal".
- On-going conversations with family, friends, teachers and counselors about colleges, majors and careers.
- Students identify teachers and others willing to write strong recommendations.

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October:

- Allow 3 weeks for your student's teacher/ counselor to complete letters of recommendation. Please have your student plan their appointment well in advance.
- Apply for Patrick Henry scholarships.

November:

- Apply to colleges. Some college applications are due this month.
- GRAD retests begin in early November and continue every other month
- Yearbook pictures due. Baby Ads due. Baby Ads are a chance for parents to purchase a spot for a baby picture and message to their senior student. For more information, contact our Yearbook Advisor at 612-668-2000 (To be determined).

December

- Apply to colleges by December 15th.
- Transcript and application forms due over Winter Break must be submitted to the Counselor before winter break— NO EXCEPTIONS.

January:

- Start applying for scholarships
- Apply for Student Financial Aid beginning Jan 1 at <http://www.fafsa.ed.gov>. FAFSA-FREE Application for Student Financial Aid
- Students may apply for Step-Up Summer Internship & Jobs Program.

February, March, April and May:

- Apply for scholarships
- College decision letters begin to arrive.
- Encourage your student to keep up their grades. No one is immune to "Senioritis!"

June:

- Graduation! The specific date and time of graduation will be mailed home to all senior parents. Graduates typically receive 8 guest passes.

HOME OF THE PATRIOTS:

ATHLETICS

Patrick Henry Athletics provide the opportunity to practice real-life concepts including teamwork, accountability, determination, and commitment - concepts that students need to be successful. Henry Athletics provide the opportunity to make long-lasting friendships and to be a positive leader and role model.

What sports does Patrick Henry offer?

Sports are divided into three seasons: fall, winter, and spring.

Fall Sports

Adapted Athletics*
Boys' Soccer
Cheerleading
Cross Country
Football
Girls' Soccer
Girls' Swimming
Girls' Tennis
Volleyball

Winter Sports

Adapted Athletics*
Boys' Basketball
Boys' Hockey
Boys' Swimming
Dance Team
Girls' Basketball
Girls' Hockey*
Gymnastics
Skiing*
Wrestling

Spring Sports

Adapted Athletics*
Badminton
Baseball
Boys' Tennis
Golf
Lacrosse*
Softball
Track & Field

**city wide sport*

Note: Fall sports start *before* the first day of school, so be sure to contact the coach for the sport you are interested in for try-out and practice dates and information.

What are the requirements for athletic eligibility?

Students who wish to participate in a sport must achieve at least a 2.0 GPA during the grading period prior to participation. Several forms, including a sports waiver, a physical (no less than three years old), and an activity fee must be turned in prior to participating in practice OR try-outs.

Note: Athletes may not participate in a game if the student has an unexcused absence for one (1) or more classes on game day, or an excused absence for more than half the day.

Is there a fee to join athletics?

All sports have a participation fee of \$60; except football, which is \$70, and hockey, which is \$90. If there are concerns, always speak with the Athletic Director before choosing not to participate in a sport.

How do I contact the coach?

Individual coach's contact information is available on our web site or by calling the Athletic Office at 612.668.1947.

Free Physicals from the Mini Clinic

Patrick Henry's Mini Clinic offers free physicals for any student interested in participating in athletics. It is staffed by professionals from the Minneapolis Department of Health and Family Support. The Mini Clinic is located in room 107. Hours: 8:00 a.m. - 3:30 p.m. Phone Number: 612.668.1994.

Informational Parent Meetings

There are informational parent meetings at the beginning of each sports season. The fall sports meeting is in early August, the winter sports meeting is in November, and the spring sports meeting is in March. For specific dates and times, please contact the Athletic Director at 612.668.1947.

ACTIVITIES/CLUBS

Patrick Henry offers a wide variety of after school clubs and activities. These activities include but are not limited to:

- Robotics
- Student Council
- National Honor Society
- Link Crew
- Asian Club
- And many more!!

The dates and times of meetings may vary. If a club/activity meets after school, bus tokens or an activity bus will be available to students. For more information, including how to contact faculty advisors, please contact the main office at 612.668.2000.

ATTENDANCE

Classroom attendance and academic success are directly related. Students are exposed every day to many valuable experiences and interactions in the classroom and need to attend class to take full advantage of those educational experiences. The importance of attendance and the impact it has on lifelong learning cannot be overstated.

Who do I call if my student will be absent?

Call the Attendance Office at 612.668.1927.

How am I notified when my student is absent from class?

Each time a student is tardy or absent from a class, Patrick Henry's computerized calling system will contact your home. Further absence information for a student may be accessed by calling the Attendance Office at 612.668.1927 or by using Parent Portal online (see page 27 for instructions).

What is considered an excused absence?

- Illness: Any extended absence due to illness may require verification from a health care provider
- Religious instruction or observance
- Funeral or other family emergency
- Family activity
- Transportation problems caused by MPS transportation
- Appointments with health care providers or other professionals
- School Authorized Absences for a school-sanctioned activity

What is considered an unexcused absence?

- Any absence without parental permission or administrative approval
- The student did not follow the proper procedures when leaving the school building, or arriving late
- Arriving tardy to school for reasons that are unexcused; some examples of unexcused tardies are missing the bus, flat tire, care trouble, riding with someone else who was late, and oversleeping

When should I prearrange an absence?

If a student plans to be absent for 3 consecutive days or more, a special absence request form must be completed in advance of the planned absence. This form is obtained from the Counselor by presenting a note written by a parent/guardian, which explains the reason for the impending absence.

How do I verify my student's absence from school?

Verification of a student's absence is a note signed by the parent or guardian and brought directly to the Attendance Office. The note must include the student name and ID number, the reason for the absence, exact dates and times of the absence, a parent/guardian signature and phone number. It is the student's responsibility to bring written verification to the Attendance Office within 2 days of returning to school.

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COMMUNICATING WITH PATRICK HENRY

Family Liaison

Patrick Henry's Family Liaison provides a link between families and school staff. To contact our Family Liaison, please call Tom Murray at 612.668.1932.

For Hmong Families

Call Peter Yang our BPA at 668-1949.

Parent-Teacher Conferences

School conferences are held twice a year, once in the fall and once in the spring. The conferences are held in teacher's rooms. You do not need to make an appointment ahead of time; conferences are conducted on a walk-in basis. On the night of conferences, there will be sign-ups for a time slot on teachers' doors. We ask that each meeting with a teacher last no more than ten minutes to respect the time of people waiting in line. We have interpreters available for families whose first language is not English.

What if I'm not able to meet with all of my student's teachers, or can't make the scheduled conference dates?

Families may schedule a conference anytime throughout the school year via email or by calling your student's teachers. Teacher's contact information is on our web site, www.henry.mpls.k12.mn.us. Click on Contact Us.

How do I prepare for conferences?

Check Parent Portal (see page 27 for detailed instructions) to review your student's current grades and any missing assignments.

Talk to your student about his or her progress at school. Find out what he or she is struggling with and excelling at. We highly encourage your student to attend conferences with you!

Write down any questions or concerns you may have for teachers ahead of time. Here are a few examples of good questions to ask:

- Does my student hand in homework on time and is it complete?
- Is my student doing work at or above grade level?
- How are grades determined?
- Is there any concern about learning or behavior problems that I should know about? If so, what has been tried to help my student?
- What can I do at home and school to help my student build on strengths and improve weaknesses?

1 Minnesota Parental Information and Resource Center, <http://www.pacer.org/mpc/>, 2011.

THE COMMUNICATION CHAIN

WHO SHOULD I TALK TO?

We encourage parents to contact teachers as often as necessary to keep abreast of their student's progress. You can reach teachers either through email or phone. While teachers cannot answer phone calls during class, all teachers have voice mail set up so that you may leave a message. Faculty phone numbers and email links are located on our web site under Contact Us or through the Parent Portal.*



When following the proper chain of communication, please allow a teacher 24 hours to respond to your message.

When it comes to the education of your child, no school is perfect. All schools have their strengths and weaknesses. Remember that most teachers are appreciative when you acknowledge their expertise and their knowledge of your child by asking their opinion regarding ways to help your child.

Do not be afraid to ask ... the worst that can happen is that someone will say, "no." By asking, however, you give people the opportunity to assist you.

When a parent has a concern or question about a student's progress, the teacher should be contacted first. If the problem in question has not been resolved satisfactorily ask to set up a meeting with you, the teacher and other professionals if needed including counselors or other staff.

It is important that parents follow this communication chain before contacting administration.

Patrick Henry's Family Liaison can also guide you in reaching someone who can help you. To reach our Family Liaison, please call 612.668.1932.

Let the school know as quickly as possible when you disagree with them. Try to work things out with school staff before calling someone at the district level. If you disagree with a teacher or staff member, ask the administration to help.

** The Parent Portal gives you, the parent, an opportunity to view your child's attendance, grades, assignments, schedule and transcript. Please see page 27 for information on registering for Parent Portal. For help with Parent Portal, please contact our Family Liaison at 612.668.1307.*

SCHOOL POLICIES

All of Patrick Henry's school policies may be found on our website: www.henry.mpls.k12.mn.us or in your student's *Handbook*.

Student Conduct

Positive Student behavior is an important element in a school's learning climate. At Patrick Henry, we work hard to provide students with a safe and productive learning environment. We're big believers in the Golden Rule: "Do unto others as you would have them do unto you."

If students fulfill these expectations, they will be successful. The student's main purpose is to achieve at the highest level possible.

Dress Code

Administration has final say on what is appropriate clothing for school.

- All shorts and pants must be worn at waist level; sagging pants and sagging shorts are not allowed.
- Pant legs must be worn at the same length.
- Length of shorts and skirts must be mid-length of your thigh or longer. This is also the expectation if you're wearing leggings underneath your shorts and skirts.
- Head apparel such as hats, caps, hoods, visors, headbands, bandanas, hair wraps, wave caps, etc. are not to be worn in the building.
- Head apparel for religious purposes is approved upon request by parents/guardians.
- Coats and jackets are not to be worn in the building; they must be kept in your locker.
- Shirts and tops such as muscle shirts, tube tops, halter tops, low cut tops, tops that reveal the stomach/belly button, and tops with spaghetti straps are not to be worn in the building.
- Shoes must be worn at all times for health and safety concerns.
- House slippers are not to be worn in the building.
- Clothing that includes words or pictures, which are sexually and physically obscene, vulgar, abusive, discriminatory or promotes violence is not to be worn in the building.
- Clothing that advertises alcohol, drugs, chemicals, tobacco, etc., is not to be worn in the building.

School Dances

Patrick Henry has several dances throughout the year, ranging from casual to formal. Dances are open to students of all grades (except for prom, which is for juniors and seniors only) and the following rules apply:

- All dance tickets must be purchased prior to the dance. NO tickets will be sold at the door.
- All students attending a dance must present their Patrick Henry High student ID at the door. Even if you have purchased a ticket you will not be admitted without the picture ID. Your money will not be refunded.
- Once students are admitted, they cannot leave and be readmitted.
- Dancing must stay within appropriate boundaries for school behavior.
- Students are expected to follow all school behavior standards including, but not limited to, regulations concerning fighting, alcohol or drug use/possession, harassment, or disrespect to adults.

Personal Electronic Device (PED) Use

Patrick Henry has adopted a **Responsible Use** policy towards all electronic devices, including but not limited to cell phones, iPods, mp3 players, cameras, and CD players. This means that students are permitted to use their PEDs before and after school outside of the school. Students may not use their PEDs during class or passing time. If a student is found to be using their PED in class or passing time, the PED will be confiscated by staff and returned at the end of the school day. A second violation of the PED policy will result in a phone call home to a parent as well as confiscation of the student's PED. For more information, please refer to the Student Handbook.

Students may not use electronic devices to engage in bullying, harassment, or other illegal or threatening behavior at any time. Patrick Henry High School is not responsible for any lost or stolen personal electronic devices.

Computer Use Protocol

All students are required to sign a computer use protocol contract in order to use computer and internet services at Patrick Henry. Technology is to be used for educational purposes only. Any web site, where a proxy is needed in order to gain access, such as Facebook, YouTube, etc., is considered a violation of this policy and will result in disciplinary action. It is also understood that the expectation is to remain on task while using the computer. Examples of off task behavior include, but are not limited to: social networking, games, surfing the web, watching unassigned videos, and music video/video sites. For more information, please refer to the Student Handbook.



STUDENT IDS, LOCKERS, AND OBLIGATIONS

Student IDs

To ensure the safety and security, all staff and students are required to wear identification badges at all times in the building. Badges must be visible and turned outward to display badge photos. Identification badges are required for students to:

- Enter the building
- Attend athletic events
- Attend dances and other school sponsored events
- Check out media center resources
- Leave the building for lunch and prayer
- Obtain hallway passes
- Receive lunch

Students who arrive at school without an ID will be required to purchase a temporary ID for each day they do not have their ID.

Lockers

All students will be issued locks and lockers. Only school issued locks will be allowed on lockers. All other locks will be removed. Students cannot share lockers. Students should not share lock combinations with friends.

Locker cleanout will be conducted on a regular basis. It is the students' responsibility to clean out their locker when they withdraw from Patrick Henry or at the end of the school year. Students must return all items from their locker to the appropriate place. Locks must be turned in. If a student loses their lock, a replacement fee will be assessed. Lockers and locks are the property of Patrick Henry High School and may be opened for inspection at any time.

Student Obligations

Textbooks, library books, athletic equipment, etc., are for student use. These items must be returned by their due date. Fundraising money and items must also be returned. If an item is not returned, students will be placed on the obligation list. Seniors will not be able to participate in commencement exercises or receive their diploma until all obligations are returned or paid for. Underclassmen must also return or pay for obligations. All obligations will be carried over to the next school year.

FOOD PROGRAM

Breakfast

Breakfast is free to all Patrick Henry students. It is served in the cafeteria from 7:30 a.m.-7:50 a.m.

Lunch

Includes entree, milk, and up to three fruit or vegetable servings. The full student lunch price is \$2.00. Free or reduced lunches are available to those that qualify.



Prepaid Lunch Accounts

Students must prepay for their meals; no cash is accepted at the register. There are several options to prepay:

- **Cash** can be brought to the cafeteria before the meal service period. Please place cash in a sealed envelope with your child's complete name, grade, and student ID or cafeteria PIN number on the envelope. Cash is deposited into your child's account on the same day it is received.
- **Personal check:** If you send a check with your child please place it in a sealed envelope and write your child's complete name, grade, and student ID or cafeteria PIN number on the envelope. Checks are deposited into your child's account the same day it is received. Make the check payable to: Patrick Henry Nutrition Account.
- **Internet:** Minneapolis Public Schools uses a service called PayPAMS, available 24 hours a day, 7 days a week. This service allows you to make payments to your child's cafeteria account using a Visa, MasterCard or Discover card. www.paypams.com

Free and Reduced Price Lunch

Free and reduced price lunches are available to students that qualify based on household income or participation in the MFIP or Food Stamp programs. Many students are directly certified by the MN Department of Education and do not need to submit an application. Students eligible for free meals based on direct certification will receive an eligibility notification letter from the Food Services Department.

Applications are mailed to households in August and are also available at schools. Only one application should be completed per household, regardless of the number of MPS schools attended by your students.

If you have any questions, please contact the Nutrition Center at 612.668.2820.

PARENT INVOLVEMENT

School age children spend 70% of their waking hours (including weekends and holidays) outside of school.

Parent involvement is absolutely essential to student achievement in school and in life. The overwhelming studies and research indicate that there are positive academic outcomes stemming from parental involvement with benefits beginning in early childhood throughout adolescence and beyond.

Families whose children are doing well in school have these characteristics:

1. Establish a daily family routine.

Examples: Providing time and a quiet place to study, assigning responsibility for household chores, being firm about bedtime and having dinner together.

2. Monitor out-of-school activities.

Examples: Setting limits on TV watching, checking up on children when parents are not home, arranging for after-school activities and supervised care.

3. Model the value of learning, self-discipline, and hard work.

Examples: Communicating through questioning and conversation, demonstrating that achievement comes from working hard.

4. Express high but realistic expectations for achievement.

Examples: Setting goals and standards that are appropriate for children's age and maturity, recognizing and encouraging special talents, informing friends and family about successes.

5. Encourage children's development and progress in school.

Examples: Maintaining a warm and supportive home, showing interest in children's progress at school, helping with homework, discussing the value of a good education and possible career options, staying in touch with teachers and school staff.

6. Encourage reading, writing, and discussions among family members.

Examples: Reading, listening to children read and talking about what is being read.

“The most effective forms of parent involvement are those which engage parents in working directly with their children on learning activities at home.”

Cotton K., Wikelund K., Northwest Regional Educational Laboratory, School Improvement Research Series

“85% of the general public believes that support from parents is the most important way to improve the schools.”

Rose, Gallup, & Elam, 1997

CPEO (CONNECTING PARENTS TO EDUCATIONAL OPPORTUNITIES)

About the Program <http://ofe.mpls.k12.mn.us/CPEO.html>

CPEO is a seven-week, curriculum based program designed for parents who want to help their student achieve their greatest academic potential. Learn to be an advocate for your student. For more information, call Patrick Henry's Family Liaison 612.668.1932.

High School Parent Curriculum

- Final Destination - the University
- Academically rigorous classes
- High school planning chart
- Requirements and programs
- ACT and SAT
- Review of student academic plan
- Higher education options
- Financial aid

“Family participation in education was twice as predictive of student’s academic success as family income and social status.”
Walberg (1984) in his review of 29 studies of school-parent programs.

The program is offered during the evening with dinner and childcare provided.

Limited transportation is provided upon request.

Parents who complete the program will receive a certificate of graduation and certificates for free community education and Early Childhood Family Education classes. Families of students that graduate from an MPS high school, and are admitted at the University of Minnesota or Minneapolis Community and Technical College, will be eligible for additional financial aid support if the student qualifies for a Pell grant. Support is based on completion of the CPEO program.

JOIN SOMETHING (GIVE BACK, GET BACK)

Patrick Henry's Parent Group

Creating a stronger Patrick Henry through parent involvement.

Patrick Henry's Parent Group is the parent organization to help you be more involved in your student's education by learning about what is going on at Patrick Henry. You can also sign up for volunteer opportunities. There is no membership fee or requirement to be involved with Patrick Henry's Parent Group; all are welcome to attend our meetings!

For more information, please contact our Family Liaison at 612.668.1932.

Site Council

The Site Council supports the mission of Patrick Henry High School to create an innovative environment that will empower and inspire all students and staff.

Site Council is a leadership team composed of the principal, Patrick Henry staff members, students, community members, and parents. The Site Council ensures that there is inclusive representation in decision-making in critical areas, including but not limited to:

- Staff development
- Instructional leadership
- Budget
- Staffing

Site Council's meeting year is June to June, with meetings held once a month. Each membership term is two years. If you are interested in joining Site Council, please contact the Family Liaison at 612.668.1932. Elections for new terms are generally held late spring.

All are welcome to attend our Site Council Meetings. Only members may vote on decisions.

Parent Meetings

There are several parent meetings throughout the school year. These meetings are great opportunities to learn more about academics and specifics to your child's education. Meeting topics include but are not limited to:

- Grade-specific meetings
- 9th grade registration night
- IB/MYP information sessions
- Athletics (one per season of sports)
- Patrick Henry's Parent Group Meetings

Volunteering

Our volunteer opportunities range from one-time events to weekly commitments. All volunteers must fill out a contact form, provide references, and attend an orientation. Any volunteers that will be working with students in an unsupervised setting must pass a background check. Examples of volunteer opportunities at Patrick Henry are:

- Tutoring students in the classroom
- Helping with school events
- Assisting with all-school mailings
- Selling concessions at athletic events or school plays
- We are open to new ideas! Let us know what you would like to do and we will work with you to create a successful volunteering experience.

To volunteer at Patrick Henry, you can either contact us directly or go through the Minneapolis Public School district's orientation and training.

- Call our Family Liaison at 612.668.1932 or go to our school website: <http://henry.mpls.k12.mn.us>
- Go through the district's Volunteer MPS department: http://commed.mpls.k12.mn.us/Vol_Services.html

NAVIANCE AND PARENT PORTAL

Naviance

This online tool for students and parents organizes information that will help students prepare for post-secondary education, find scholarships, colleges, complete personality type and learning style inventories, school wide surveys, and career information. This is also a tool used for My Life Plan. Counselors give lessons on how to use My Life Plan and Naviance.

Parent Access

1. Register: Contact the grade level counselor for your password information.
2. Log on to www.connection.naviance.com/shsmn
3. Enjoy access to everything you student has done on this program including a Myers-Briggs Personality Inventory, interest inventories, journal entries, resume, college exploration, career exploration, and much more.

Parent Portal

This online tool gives you, the parent, an opportunity to view your child's:

- Attendance
- Grades
- Assignments
- Schedule
- Transcript

Parents also have access to review their child's current contact information, which may be used to help the school maintain accurate contact data.

Parent Access

There are a few things you need to create a Parent Portal account:

1. A valid email address. This is how you will receive your registration information. (If you do not have an email address, you can sign up for free email accounts at several services such as HotMail, Yahoo, Google, etc. These names are provided as examples, not recommendations.)

NOTE: Any email address addition or change needs to be added by a school staff member so that it is in our system. If you would like to add or change an email address for Parent Portal, please contact

2. Your name listed on your child's electronic contact list. You will need this to have access to a student's data. Your first and last name must match the electronic contact entry in the school's records.
3. Three items identifying your child(ren):
 - Your child's first and last name as electronically recorded at the school
 - His/her student ID (Example: 34567, this can be found on the student's schedule, a report card, or the student's ID card)
 - Your child's birth date

Once you have everything you need at your fingertips, go to the Patrick Henry Web site and click on the Parent Portal link under the For Parents Tab or type the following URL: <http://parentportal.mpls.k12.mn.us>, and follow Step 1, 2,3 and 4. Remember: Always logout to protect your security and your child's personal information! If you have problems registering please call 612.668.1307.

No computer access?

Call our Family Liaison at 612.668.1932 to create a plan for keeping up with your student's progress and getting school news.

CREDIT RECOVERY POLICY

If a student fails a required course, they can make-up credits using the following methods. Students should always consult with their grade level counselor when choosing credit recovery options. Please call that counselor for more information.

ALC Credit Makeup

Students complete previous failed credits in a web-based program. Students are required to stay after school for ALC credit makeup two days per week. Students can ONLY take classes they have previously failed.

Summer School

Patrick Henry High School offers web-based summer school courses. Students can take ANY previously failed course online. Extra credits can also be earned through special programs offered, including but not limited to service projects and field trips. Summer School is a great way to make up any credits your student may need!

COMMUNITY PARTNERSHIPS

Community Education at Patrick Henry High School

Minneapolis Community Education exists to facilitate the learning and participation of adults and children so they can improve their lives and their community. There are a wide variety of classes offered at Patrick Henry High School during the evenings. Community Education class catalogs are mailed to all Minneapolis residents for each season: fall, winter, and spring. You can also access these classes online at the Patrick Henry Web site.

To contact Patrick Henry's Community Education Coordinator, please call 612.668.1922.

SCHOOL COUNSELORS

Counselors can help students with academic concerns, but there is so much more for students! Counselors are here to support students to be successful at Patrick Henry High School and to prepare for whatever you want to do after high school.

Personal and Social Concerns

If students have worries that are affecting their ability to concentrate in school or to be in school regularly (attendance is VERY important!), their counselor and the other Student Support professionals at Patrick Henry can help. They have resources to get students back in the groove at school. Remember, the information students share with counselors is confidential unless there is a concern about someone being harmed or if the law requires otherwise.

Academics

- Counselors work with students to find ways to study better, find after school help, and resources to keep up with class work and homework.
- Does your student need credit make-up for classes they did not pass?
- Info on after school credit makeup, summer school, and online courses.
- Counselors can help students keep on track for graduation, beginning right away in 9th grade.

Career and Life Planning

- My Life Plan lessons explore students' interests and post-secondary options.
- Help with college applications, scholarships, and financial aid.
- The Career and College Center can also assist students in planning for life after high school. For more information, refer to page 31.

What's after high school?

Counselors share information with students and their family about employment, tech/trade school, 2 year colleges, 4 year universities and other plans and accessing financial aid for college.

The counselors can prepare letters of recommendation and assist with the college application process. Remember: Having a plan is very important, even if it changes from time to time.

SUPPORT STAFF

We have many support staff here at Patrick Henry High School who are here to serve our students and families. To talk to someone regarding these services, please contact your grade level counselor.

Counselors

The counselors at Patrick Henry are able to help you with a variety of issues. Some of these include academic, career choices, college preparation and applications, test taking, study skills, stress management and personal/social issues.

Social Workers

The social workers at Patrick Henry are a resource for a variety of services within the community. They can also help you with personal issues ranging from homelessness to chemical health issues and parenting.

School Nurse

The School Nurse is available for questions regarding health care and health assessments. Our nurse is able to dispense medication if needed, provide first aid and provide preventive information to students and parents. The Nurse's Office is located in room 212. Telephone number: 612.668.1968.

School Based Clinic

The mission of the School Based Clinic is to promote the health and well-being of adolescents by providing medical services for them to use at Patrick Henry. The SBC is located in room 212. Telephone number: 612.668.1944. Hours: 8:00 a.m.-3:00 p.m. Monday through Friday.

Positive Behavior Interventions and Support (PBIS)

PBIS is a framework for creating and sustaining an effective school-wide behavior system. Unlike a behavior plan or program, the emphasis of a behavior system is on preventing problems. Shifting the focus to prevention minimizes behavioral problems and increases academic time for students.

Simply put, positive behavior is essential in any classroom. By developing a climate where everyone can learn, we are increasing the chances for all students to succeed.

Check and Connect

Check & Connect is a model of sustained intervention for promoting students' engagement with school and learning. Demonstrated outcomes include: decrease in truancy, decrease in dropout rates, increase in accrual of credits, increase in school completion, and, impact on literacy.

AVID

The Advancement Via Individual Determination (AVID) program works with students who are capable of completing a college-preparatory curriculum but may be following short of their potential. AVID students are taught within the school day by a trained AVID teacher.

CAREER AND COLLEGE SERVICES

Career and College Center

The Career & College Initiative works with community members, families and schools to ensure that all Minneapolis Public School students have the tools to create a thoughtful plan for life after high school. The CCC works in partnership with several other outside organizations that are committed to helping students find success in life after high school. These services include programs that

- Help low-income juniors and seniors prepare for and earn admission to college
- Provide extra academic support to students who are low income or first-generation college students
- Help students find a summer job in a professional work environment that will allow them to gain valuable skills for their future and explore their career interests.

For more information, please contact the Career and College Center. The CCC is located in room 219. Telephone number: 612.668.2008.

TESTING

Parents and families can do several things to create a positive test-taking experience and help students prepare for tests. Here are some ideas:

Throughout the Year

- Make sure your child gets enough sleep, eats properly, and gets to school on time. During test time, make this a special effort.
- Encourage your child to READ, READ, READ. No activity is linked to academic success as much as reading. Even the math portion of the MCAs uses word problems to test problem-solving ability.
- Write test dates on your home calendar:

October PSAT (Preliminary SAT for 11th Graders)

GRAD Retakes for Math (12th Grade) and Reading (11th and 12th Grade). These tests continue every other month.

November GRAD Writing Retest (10th-12th Grade).

These tests continue every other month.

PLAN test (ACT's College Readiness test for 10th Graders)

February- March ACCESS (For ELL students)

April MCA Math (11th) & Reading (10th), GRAD Writing (9th) Tests

MCA Science Test (Biology students only)

May MCA Science Test (Biology students only)

National Standardized Test Dates:

ACT- <http://www.actstudent.org/regist/dates.html>

SAT- <http://sat.collegeboard.com/register>

The Day of the Test

- Make sure that your child is well rested and eats breakfast.
- See that your child arrives at school on time and is relaxed.
- Remind your child to wear clothes that are comfortable.
- Encourage your child to do the best work possible and to have a positive attitude.
- Encourage your child to listen/read carefully to all test-taking directions and to ask questions if any directions are unclear.
- Remind your child not to get stuck on any one item.
- Encourage your child to check answers for accuracy if time permits.

TESTING, CONTINUED

MCA

The Minnesota Comprehensive Assessments (MCAs) are the state tests that help districts measure student progress toward Minnesota's academic standards and meet the requirements of No Child Left Behind. The reading and mathematics tests are used to determine whether schools and districts have made adequate yearly progress (AYP) toward all students being proficient in 2014. Science is required for No Child Left Behind but is not included in AYP calculations at this time. Reading and mathematics tests are given in grades 3-8, 10 and 11.

GRAD

The Graduation-Required Assessments for Diploma (GRAD) are the state tests that fulfill Minnesota's high school graduation requirement for students who first entered grade 8 in 2005-06 or later. These tests measure student performance on essential skills in Writing, Reading and Mathematics for success in the 21st century.

ACCESS for ELLs

ACCESS for ELLs stands for Assessing Comprehension and Communication in English State-to-State for English Language Learners. The ACCESS measures English Language Learner's social and instructional English as well as the language associated with language arts, mathematics, and social studies within the school context.

PLAN

The Pre-ACT PLAN test is administered to all Minneapolis 10th grade students in the fall of each school year. PLAN has four academic tests: English, Mathematics, Reading, and Science. A Composite Score (score range 1-32) summarizes performance across all four academic tests. In addition to the academic tests, students complete an interest inventory and needs assessment.

PSAT

The Preliminary SAT test is a standardized test that provides firsthand practice for the SAT. It also gives you a chance to enter scholarship programs and gain access to college and career planning tools. THE PSAT measures critical reading skills, math problem-solving skills, and writing skills.

For more information on which tests your student should take, contact your grade level school counselor.

TEST ANXIETY

It's good to be concerned about taking a test. It's not good to get "test anxiety." This is excessive worry about doing well on a test and it can mean disaster for a student.

It does not help to tell the child to relax, to think about something else, or stop worrying. But there are ways to reduce test anxiety. Encourage your child to do these things:

1. Space studying over days or weeks. (Real learning occurs through studying that takes place over a period of time.) Understand the information and relate it to what is already known. Review it more than once. (By doing this, the student should feel prepared at exam time.)
2. Don't "cram" the night before—cramming increases anxiety, which interferes with clear thinking. Get a good night's sleep. Rest, exercise, and eating well are as important to test taking as they are to other schoolwork.
3. Read the directions carefully when the teacher hands out the test. If you don't understand them, ask the teacher to explain.
4. Look quickly at the entire examination to see what types of questions are included (multiple choice, matching, true/ false, essay) and, if possible, the number of points for each. This will help you pace yourself.
5. If you don't know the answer to a question, skip it and go on. Don't waste time worrying about it. Mark it so you can identify it as unanswered. If you have time at the end of the exam, return to the unanswered question(s).

MEDIA CENTER

Patrick Henry students are readers! We read during Sustained Silent Reading time, for curricular assignments and personal interests.

Our Media Center provides a place for classroom instruction, independent study and inquiry. There are awesome technologies, books and teacher support. The media center operates under these procedures:

- Students must show a pass from their teacher to come to the media center during class time.
- Student check out textbooks and library books with their student ID. Textbooks and library books that are not returned at the end of the year must be paid for by the student.



TRANSPORTATION

Yellow School Bus

Available to students outside the walk zone AND within Zone I. At the beginning of the school year, you will receive a letter that states where your student's bus stop is and what time the bus picks them up. Please arrive at least five (5) minutes before your scheduled pick-up time to ensure that you do not miss the bus.

Public Transportation (Metro Transit)

Several bus lines serve Patrick Henry. Students may purchase discounted, Young Adult Super Saver Passes. Please call Metro Transit at 373-3333.

Cars

Students (with a driver's license) may drive to school. Students are **not** allowed to park in the staff parking lot. If students park in the staff parking lot, they will be towed. Students may park in the Student Parking lot at the southeast corner of Patrick Henry.

Bikes

Patrick Henry has bike racks! Students need to properly secure their bikes to prevent theft:

- Use a U-type kryptonite lock (bike thieves regularly use bolt cutters to cut chain and wire locks).
- Lock the rear tire to the stand and use a cable lock to lock the front and rear tires together. Bike helmets are also important for safety.

Walking

Students walk to school if they are within two miles of Patrick Henry. Always use the WALK button at corners for safety. This will give you 41.5 seconds vs. 18.5 seconds to cross.

Moving? Changing day cares? Requesting a different bus stop?

Please call Patrick Henry's Attendance Clerk at 612.668.1927.

RESOURCES

After School Tutoring

All students are eligible for after school tutoring. Arrangements can be made with individual teachers by talking to them during the school day or contacting them. Phone numbers and emails are available on our school's website.

Academics:

The Parent Portal: <http://parentportal.mpls.k12.mn.us>

Naviance: <http://www.connection.naviance.com/shsmn>

MPS Online: <http://online.mpls.k12.mn.us/>

Athletics

For up to date game schedules go to the top of our Web site and click on the link: Patrick Henry Events Calendar.

Beyond High School:

College Board Free Question of the Day:

Receive a prep question in math or reading by email each day. A great way to study for the SAT or ACT in 2 minutes or less each day.

<http://www.collegeboard.com/student/index.html?student>

ACT, SAT help for at risk students (University of Minnesota):

Contact Dr. Ernest Davenport, 612-624-1040, ACTSAT@umn.edu

FAFSA (FREE Application for Student Financial Aid)

<http://www.fafsa.ed.gov>

NOTE: NOT all FAFSA providers on the internet are free. Make sure to visit the government site for FREE step-by-step help through the forms.

College Savings Calculator

http://apps.collegeboard.com/fincalc/college_savings.jsp to see how much money your family will need for college, whether you're on track to save enough, and what you need to do to reach your goal.

FREE College Scholarship Search - Find money to help pay for college!

www.FastWeb.com/Free-Scholarships

RESOURCES, CONTINUED

Parenting High Schoolers:

The Parent's Guide to High School from Education.com

Academic, social and developmental tips for parents at

<http://www.education.com/grade/high-school/>

Positive Parenting from Dr. Walsh, National Institute on Media and the Family

<http://drdavewalsh.com/blog>

Inside the Teenage Brain

<http://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/work/adolescent.html>

Resources on best practices on how to be involved in your child's education: <http://www.pacer.org/mpc>

IMPORTANT PHONE NUMBERS

Main Office 612.668.2000

Attendance 612.668.1927

Transportation 612.668.1932

Fax 612.668.1993

Nurse 612.668.1968

School Clinic 612.668.1944

Athletics 612.668.1947

Family Liaison 612.668.1932

School Counselors 612.668.2000 (ask for Counselor by grade level)

Career and College Center 612.668.2008